Emergency Preparedness for PAS Users

8/28/13 Webinar
PAS Center
Objectives

- list 4 stages of emergency denial
- identify important emergency planning elements for pas users:
  - support teams,
  - communication,
  - evacuating,
  - sheltering,
  - supplies
- access resources for more ‘how to” details
Emergency Preparedness should we do it or muddle thru later?
4 Stages of Emergency Denial

1. It won’t happen here.
2. Even if it happens here, it won’t happen to me.
3. Even if it happens to me, it won’t be that bad.
4. Even if it’s that bad, there’s nothing I could have done about it anyway.

Eric Holdeman, Director of Emergency Management, Seattle's King County
magical thinking
Challenge:

• Weave preparedness into daily, weekly & monthly tasks
• So not considered “extra” or “in addition to”...
• Just standard & regular part of life’s tasks
Set your clocks, change your stocks!
Challenge to decrease:

• Silo Effect
• Separateness
• Burden factor
YOYO 3 / 5 / 7?
Plans

• Home
• Neighborhood
• Work
• School
Build Support Teams
Rethink & Update Buddy Systems

Training one person to assist in an emergency

Major weaknesses: PERSON & LOCATION DEPENDENT!

• Person may be absent
• You may be in area different from usual location
• You may be at site after regular hours when buddy not available
Support Teams

• people who will help you in an emergency as needed.

• should be people who are usually in same area as you.
Trash the Buddy System!
70% of rescues in major disasters are made by:

- Neighbors
- Friends &
- Co-workers
Neighbors
Neighbors

• Know them – Build connections
• Integrate emergency preparedness discussions into get together (block parties, clean ups, etc)
• Ultimate strongest security blanket
• Network that still works
Large Team Approach

• If everyone is trained, everyone can help!
• Everyone knows what to do!
Establish Support Team

• Establish support relationships with many individuals.

• At each location where spend significant part of day:
  – Job
  – Home
  – School
  – Volunteer site
Establish Support Teams

• Conduct practice sessions to know if people you choose are able to offer the help you need:
  – strong enough
  – can communicate clearly
  – can guide you safely

• Know how you will instantly create a support team
Establish Support Teams

• Know how you will instantly create a support team
Master Skill of Giving Quick Information on How to Best Assist

**Clear, concise:**

- Take my oxygen tank.
  - *Additional information (if needed):*
    - Right side of green bookcase
    - I can breathe without it for 15 minutes

- Take my communication device from table, I’m also hard of hearing.

- Take my manual wheelchair.

- The traditional "fire fighter's carry" is hazardous for me because of my respiratory condition. Carry me by ...
Master Skill of Giving Quick Information on How to Best Assist

*Clear, concise:*

- I can manage steps independently, carry my other crutch & walk in front of me.

- I need to hang on to you, I have poor balance, but I can walk steps.
Learn What You Can
And Can Not Do

Self Test
Fuse Box
Power Main Switch
Water
Turn Off
Manually opening garage door
Power Issues
Devices That Use Rechargeable Batteries

- Plan how you will recharge batteries if electricity is out.
- Check with vendor/supplier to see if there are alternative ways to charge batteries.
Life-Support Devices That Depend On Electricity

• Contact local electric company regarding "priority reconnection service."
• Even with "priority reconnection service,” power could still be out for many days.
• Vital to have power backup options for equipment.
• Talk to equipment suppliers about options.
Communication
Plan Multiple Ways to Give & Get Information

- TV
- Radio
- E-mail
- Cell phone
- Standard phone
  - no electricity needed
- Pagers
- Internet
- Text messaging
- Low cost two-way radios
Applications

- Emergency apps
- Texting to communicate
- Tweets
- Social Networks
- Skype, Internet, Cell phones
- Receiving emergency warnings
ICE

In case of emergency
Riverside County
EARLY WARNING
NOTIFICATION SYSTEM (EWNS)

A telephone alerting system for Riverside County. The Early Warning Notification System (EWNS) allows public safety first responders to rapidly alert and warn the public in the event of emergencies.

The EWNS is part of a group of alert and warning tools used in Riverside County. Other systems include the Emergency Alert System (EAS), and the Emergency Digital Information System. http://www.edis.ca.gov/ For more information of the EWNS, please visit the Riverside County Fire Department website at www.rvccfire.org.

Riverside County EARLY WARNING NOTIFICATION SYSTEM (EWNS)

Frequently Asked Questions (FAQ's)

Q: What phone numbers are part of the EWNS?
A: The primary phone number for every business and residence in Riverside County who has traditional phone service, whether it is a listed or unlisted phone number.

Q: Are cell phone numbers or Voice Over IP (VoIP) part of the system?
A: You may add your cell phone and VoIP numbers via a secure website. Please visit the Riverside County homepage; www.countyofriverside.us to add these numbers. Please visit and click on the EWNS link. We were unable to include cell phones and VoIP because currently, those providers are not mandated to release their records to public safety agencies.

Q: What will the EWNS be used for?
A: The EWNS will be used to alert and warn the residents of Riverside County in the event of a small to medium sized emergency. These may include wildfires, floods, hazardous materials, severe weather, and law enforcement incidents.

Q: How many calls can the EWNS make?
A: The EWNS can make up to 250,000 calls per hour.

Funding: The Riverside County EWNS was initially funded by a Federal Grant (DR-1498) Ongoing cost and maintenance for the system is provided by the County of Riverside.
Transportation and Evacuation Options
Kits

• Carry on you
• Grab & go ( & list)
• Home
• Bedside
KIWY

• essential items you need to keep with you at all times
Bedside Kit

• Items you will need if you are trapped in or near bed & unable to get to other parts of your home.
<table>
<thead>
<tr>
<th>Items Listed in priority order</th>
<th>Location</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sun glasses</td>
<td></td>
<td>Hat</td>
</tr>
<tr>
<td>Cell phone</td>
<td></td>
<td>Charger</td>
</tr>
<tr>
<td>Wallet</td>
<td></td>
<td>Brief case</td>
</tr>
<tr>
<td>Grab &amp; go vest</td>
<td>Coat rack</td>
<td></td>
</tr>
<tr>
<td>Lap top/brief case</td>
<td>Desk or Briefcase</td>
<td></td>
</tr>
<tr>
<td>Hard drives</td>
<td></td>
<td></td>
</tr>
<tr>
<td>IPOD &amp; Power Source</td>
<td>Bedroom &amp; Desk</td>
<td></td>
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</tbody>
</table>

Grab & Go List updated 11/10/07
Practice / Drills
To know it, is to do it
Mind Drills
Have a 4D drill now & than
Delightful
Delicious
Disaster
Dinner
Resources

• Power Planning
  • Includes podcast & checklist

• Checklist for PAS Users
  - [http://www.pascenter.org/](http://www.pascenter.org/)
    • Select
      - Emergency preparedness for PAS Users
      - Emergency Preparedness Checklist for PAS Users
      - Preparedness Advice
www.jik.comy/disaster.html

- Additional content available at this site includes:
  - Emergency Preparedness for with disabilities, their families & support networks
  - Guides
  - Hazard Specific
  - Lessons Documented
  - Specific Functional Need Focus
  - Forms, Checklists, Tools, Samples, etc.
  - Videos
  - General Preparedness Information
So...it's

• Your Responsibility
• Your choice
• Your family
• Your health
• Your safely
• Your call
• Your life